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INFORMATION ABOUT A HYSTEROSCOPY, D & C

A hysteroscopy, D & C is when we take a small camera and insert it in to the womb and look inside at the lining of the womb. The D refers to dilatation which means that we open your cervix up slightly and the C refers to curettage meaning that we are going to take a scraping from the lining of the womb. This will allow us to see if there are any pre-cancerous or cancerous changes or any non-cancerous growths such as a polyp or such things as a fibroid which is a non cancerous growth of the wall of the womb.

This is a day surgery and generally takes about 15 to 20 minutes to complete. It is usually done under general anesthetic meaning that you are completely asleep. Once you are asleep, we put a small speculum inside and insert the camera to have a look. You can expect to have spotting following the procedure lasting up to 2 weeks. In some cases, women have heavier, almost like a menstrual like flow for the first week. This is normal.

Complications:

1. Perforation – when we make a hole in the wall of the womb. The risk of this is approximately 1 in 100. It does mean that we stop the rest of the procedure as we do not wish to damage anything outside of the womb.
2. The second risk is of infection. This is a very rare complication, but would present with fever, chills and much cramping. If these occur to you, you need to contact Dr. Kyle.

It takes 24 hours to 2 days to recover from the general anesthetic. There are no limitations on your activity after this procedure. I do ask you to refrain from sexual activity until the bleeding has stopped.